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# REFINED RESIDENCE Nestled in the Heart of Haddington, East Lothian

Ideally located in the heart of Haddington, Hilton Lodge is surrounded by the breathtaking landscapes of East Lothian, offering stunning views from our day room balconies.

Our purpose-built residence is designed for small-group living, with six wings, each accommodating ten residents. Every wing features its own luxurious day room and spa bathroom, ensuring comfort and tranquillity. This thoughtful design fosters a close-knit, welcoming community where residents feel truly at home and valued.

Like all Mansfield Care Group homes, Hilton Lodge provides exceptional personal care, outstanding cuisine, and state-of-the-art facilities, ensuring the highest standards of comfort and support.

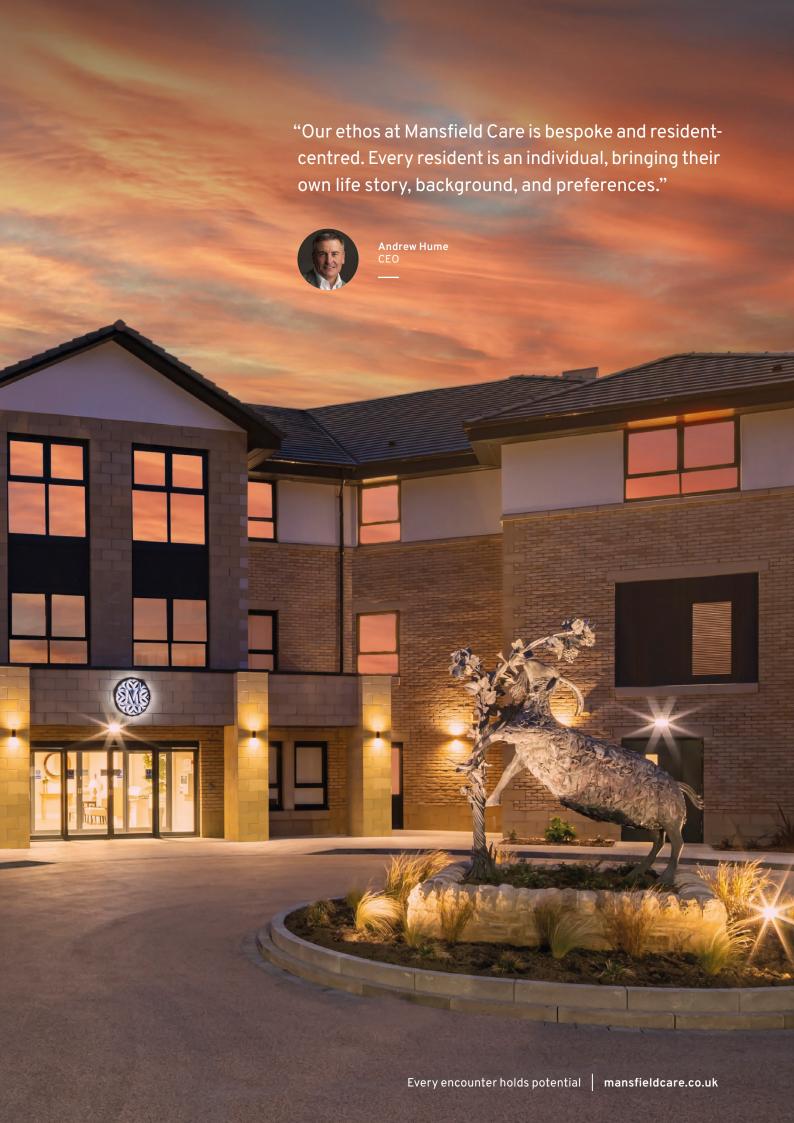
# A WARM WELCOME AWAITS

While we can never replace family, our dedicated team is here to make you feel at home, happy, and secure. We value continuity of care and take pride in building strong, lasting relationships with residents, their friends, and their families.

At Hilton Lodge, your choices always come first. You can personalise your room to reflect your style and support needs, while our dining experience is tailored to your preferences. Activities are shaped by residents' interests—whether you choose to participate or enjoy some quiet time. Everyone is encouraged to create a routine that suits them, with our team always available to support you in making this new chapter as fulfilling as possible.









# LIFE AT HILTON LODGE

All aspects of our residents lives and care have been thoughtfully considered:

# **MEDICAL**

Most residents are registered with the local GP surgery, with medication supplied by a local pharmacist and dispensed by our trained care staff.

### **TVS**

Hilton Lodge is proud to offer Scotland's first-of-its-kind TV platform in a care home setting. This versatile system provides entertainment, information, and messaging, allowing you to watch TV or cast content from your own device. Important messages are displayed on-screen, ensuring you never miss an update. The platform also provides details about Hilton Lodge, staff on duty, weekly schedules, menus, activities, and more. Large communal TVs are also available, offering the opportunity to enjoy shared viewing experiences with friends and family.

## **VISITORS**

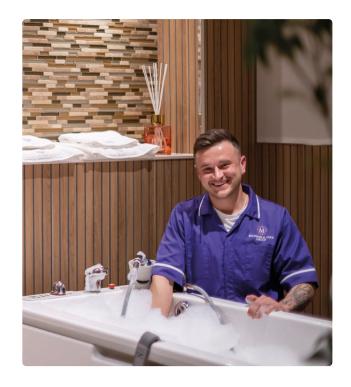
We operate an open-door policy and warmly welcome family and friends. Visitors are encouraged to join residents for lunch, outings, and social gatherings, as well as enjoy the gardens and get involved in community life. We also welcome visits from local schools, nurseries, churches, befrienders, and entertainers who provide engaging activities.

# **FAITH**

We respect all religious beliefs and have strong connections with local churches and faith-based organisations.

#### WELLBEING

Our luxury salon offers professional hairdressing and nail services. Residents also receive regular visits from opticians, dentists, and chiropodists, all experienced in providing specialised care. Additionally, we have an in-house laundry service for convenience and comfort.







Each of our individual suites is thoughtfully designed to provide privacy and comfort, featuring an ensuite bathroom for added convenience and independence. Every suite is adapted to meet each resident's specific needs and can include adjustable beds, pressurerelieving mattresses, hoists, mobility aids, shower seats, and other specialised equipment as required. Each suite is also equipped with a nurse call system and fire safety features, while Hilton Lodge maintains carefully monitored security systems and procedures for residents' safety and peace of mind.

Each wing has a modern day room with a bistro counter and balcony, offering a comfortable and social space for residents. Dining areas are shared on each floor, featuring beautifully designed spaces that create a warm and welcoming atmosphere for meals. For leisure and entertainment, our luxurious Activity Suite offers a variety of games and classic movies. We also have a bespoke fine dining room, perfect for special occasions and private events, allowing families to celebrate together in an elegant setting. Additionally, our inviting ground-floor café provides a relaxed space to enjoy refreshments and social time with friends and family.

Our beautifully secluded gardens offer a peaceful retreat for residents and visitors alike. Designed with winding pathways leading to various seating areas, the gardens provide the perfect setting to enjoy the natural surroundings. A dedicated planting area also allows residents to engage with nature and take part in cultivating flowers, herbs, and other plants.



# KEY FEATURES AND FACILITIES AT HILTON LODGE:

- · Private, fully adapted suites with ensuite bathrooms
- Comfortable, modern communal areas
- Luxurious Activity Suite
- Private event space
- · Inviting ground-floor café
- Beautifully secluded gardens



Residents enjoy a variety of healthy, delicious meals each day, with special dietary needs carefully accommodated to ensure everyone dines with confidence. Our beautifully designed dining rooms are warm, comfortable, and dementia-friendly, creating an inviting atmosphere for all.

Mealtimes are more than just a time to eat—they are a cherished opportunity for connection and companionship. We encourage residents to come together and share the dining experience, with family and loved ones always warmly welcomed to join.

For those who prefer a more private setting, meals can be served in the comfort of their own room. Throughout the day, coffee, tea, and freshly baked treats are always available to enjoy at your leisure.



## **HILTON LODGE OFFERS:**

- Menus for all dietry needs
- Warm, dementia-friendly dining spaces
- Family and Friends always welcome
- Private dining option
- Refreshments and freshly baked treats available all day



# **ACTIVITIES**

At Hilton Lodge, our dedicated Wellbeing Coordinators thoughtfully plan and deliver a variety of engaging activities. We foster strong community connections, with residents enjoying concerts, arts and crafts, and visits from local groups. Special occasions, such as birthdays and seasonal events, are celebrated with warmth, and our summer garden parties offer a chance for family and friends to join in the fun.

Residents are also encouraged to participate in outings within the local community, including visits to the beach, local cafes, the day centre, or a pleasant walk to the nearby retail park.

We take the time to get to know each resident as an individual, ensuring their hobbies and interests are seamlessly woven into their daily life.



# OUR RESIDENTS ENJOY:

- Dedicated Wellbeing Coordinators
- A personalised approach
- Programme of local outings and visiting workshops
- Celebrations for individuals and as a resident community



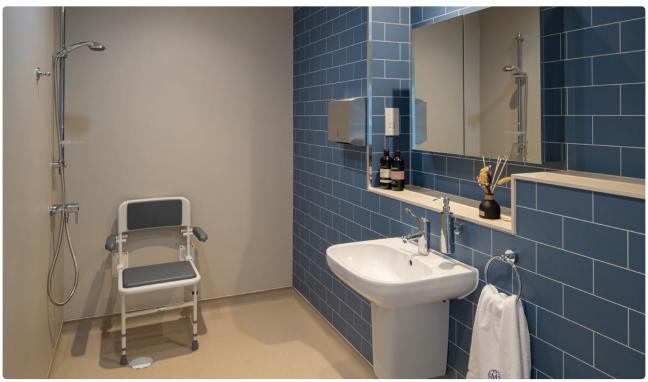




# MOVING INTO HILTON LODGE

Moving into a care home is a significant transition, both emotionally and practically. To help make this process as smooth and comfortable as possible, here are some helpful tips:







#### **BEFORE THE MOVE:**

## VISIT THE HOME

Spend some time getting to know the environment, staff, and other residents.

# **ASK QUESTIONS**

The care team is here to help, so don't hesitate to ask any questions or share any concerns about your move.



#### WHAT TO BRING:

## PERSONAL CARE ITEMS

Toothbrush, hairbrush, shampoo, conditioner, soap, deodorant, shaving kit, perfume, makeup.

# CLOTHING

Comfortable clothes suitable for the climate, nightwear, shoes with good support, and outerwear for various weather conditions.

# **PERSONAL ITEMS**

Photos, favourite books, hobby supplies, small decorative items, electronics (mobile phone, tablet), and a blanket.

## MEDICAL ITEMS

Glasses, hearing aids.

#### SETTLING IN:

# **BUILD RELATIONSHIPS**

Take time to get to know the care team and other residents. Building friendly connections within the community can make a big difference. The team will be there to support you and your family.

# GIVE IT TIME

Adjusting to a new routine takes time. There will be plenty of activities to encourage socialising and help you settle in comfortably.





# EXPLORE OUR RESIDENCE

We invite you to arrange a visit, where you can meet our caring team, explore our facilities, and get a feel for our welcoming environment. Whether you're considering care for yourself or a loved one, we're here to discuss your unique needs.

During the visit, you'll have the chance to see our state-of-the art amenities and receive detailed information about the services and care we provide. We look forward to showing you around and answering any questions you may have.

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